

MONDAY EVENING				JULY 6, 2026							
	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
3	3 News (N)	ET (N)	St. Denis	The Fall	American Ninja Warrior Eastern Regional Qualifying 2 (N)				3News at (N)	(:35) J. Fallon	
5	News (N)	Hollywood	Videos	***** Moana (16) Voices of Dwayne Johnson, Auli'i Cravalho.						News 5 (N)	(:35) J. Kimmel
8	FIFA (N) (Live)		FIFA World Cup 2026 Round of 16: TBA vs. TBA (N) (Live)				Postgame (N)	Fox 8 News (N)		Big Bang	
19	Wheel	Jeopardy! (N)	Neighbor	Neighbor	FBI "Captured"		CIA "Directed Energy"		19 News at	(:35) Comics	
21	Inside (N)	Family Feud	St. Denis	The Fall	American Ninja Warrior Eastern Regional Qualifying 2 (N)				News (N)	(:35) J. Fallon	
27	Wheel	Jeopardy! (N)	Neighbor	Neighbor	FBI "Captured"		CIA "Directed Energy"		First News	(:35) Comics	
33	33 at 7 (N)	ET (N)	Videos	***** Moana (16) Voices of Dwayne Johnson, Auli'i Cravalho.				News Chan.	(:35) J. Kimmel		
43	19 News at	19 News First	Law-SVU "Resilience"		19 News at 9 PM		News	(:45) Sports	Law & Order: SVU "Mercy"		
45	PBS News Hour (N)		Antiques Roadshow		Antiques Roadshow		Rick Steves Art of Europe		Amanpour and Company (N)		
62	FIFA (N) (Live)		FIFA World Cup 2026 Round of 16: TBA vs. TBA (N) (Live)				Postgame (N)	News (N)	Seinfeld	Seinfeld	
A&E	Live PD: Great. "Episode 21"		Live PD: Great. "Episode 20"		Live PD "Episode 25" (N)			Late Night Law (N)		(:05) Live PD "Episode 21"	
AMC	***** The Martian (15) Jessica Chastain, Kristen Wiig, Matt Damon.										
ANPL	Flying Wild Alaska "Breakup"			Flying Wild Alaska			Flying Wild Alaska			Flying Wild Alaska	
BET	Celebrity Family Feud		BIG3 Basketball				Martin	Martin	Martin	Martin	
BRAVO	Below Deck Mediterranean		Below Deck (N)			The McBee Dynasty "Love and War" (N)		Next Gen "Bad Influencer"		McBee	
CBSSN	(6:00) PGA Tour Golf John Deere Classic, Final Round				Poker Night in America (N)		UFC Reloaded UFC 194: Aldo vs. McGregor (N)				
CMT	Mama's	Mama's	Reba	Reba	Reba	Reba	Reba	Reba	Golden Girls	Golden Girls	
CNBC	Shark Tank		Shark Tank			Shark Tank		Shark Tank			
CNN	E. B. OutFront (N) (Live)		Cooper 360 (N) (Live)			The Source With (N) (Live)		CNN NewsNight (N) (Live)		Laura Coates Live (N) (Live)	
COM	The Office	(:35) Office	(:10) Office	(:45) Office	(:20) The Office		(:55) Office	The Office	Family Guy	Family Guy	
DISC	Contraband: Seized		Contraband: Seized (N)			Body Cam "Psycho 1" (N)		120 Hours Behind Bars		Contraband: Seized	
E!	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	Two Half Men	
ESPN	NBA Atlanta Hawks vs. Oklahoma City Thunder (N) (Live)				NBA Memphis Grizzlies at Utah Jazz (N) (Live)				SportsCenter (N) (Live)		
ESPN2	Kingdom Family Business		The Kingdom Don't Judge		Kingdom In Our Chiefs Era		The Kingdom The Formula		ESPN FC (N) (Live)		
FDH	Coaches Corner		Boxing Marcos Rene Maidana vs. Erik Morales (N)			Diggin' George Brett, Part 1		Diggin' George Brett, Part 2			
FNC	Ingraham (N) (Live)		Jesse Watters (N) (Live)			Hannity (N) (Live)		Fox News at Night (N) (Live)			
FOOD	Beat Bobby	Beat Bobby	BBQ Brawl			BBQ Brawl (N)		Beat Bobby	Beat Bobby	Beat Bobby	
FREE	(6:45) ***** Tangled (10) Mandy Moore.			(5:50) ***** Encanto (21) Voices of Maria Cecilia Botero, Stephanie Beatriz.				The 700 Club			
FX	(4:00) ***** Pearl Harbor (01)		***** Gone in 60 Seconds Angelina Jolie, Giovanni Ribisi, Nicolas Cage.				***** G.I. Joe: The Rise of Cobra (09)				
GOLF	PGA (N)	PGA TOUR	PGA Tour Golf John Deere Classic, Final Round From TPC Deere Run in Silvis, Ill.								
HALL	(6:00) * Snow Bride (13)		* The Nine Lives of Christmas (14) Brandon Routh.				Golden Girls	Golden Girls	Golden Girls	Golden Girls	
HGTV	Bahamas Life	Bahamas Life	Battle on the Beach		Battle on the Beach (N)		Crashers (N)		Crashers "Loo With a View"		
HIST	World War II		World War II "Overlord" (N)			World War II (N)		(:05) History's Greatest (N)		(:05) World War II	
HN	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	Forensic	
ION	Chicago P.D. "Some Friend"		Chicago P.D. "300,000 Likes"		Chicago P.D.		Chicago P.D.		Chicago P.D.		
LIFE	Dr. Pimple Popper		Dr. Pimple Popper		Dr. Pimple Popper (N)		(:05) Dr. Pimple Popper		(:05) Dr. Pimple Popper		
MSNBC	The Weeknight (N) (Live)		All in With Chr. (N) (Live)		The Rachel (N) (Live)		Last Word (N) (Live)		The 11th Hour With (N) (Live)		
MTV	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	
NGEO	World's Biggest		Biggest Hammerhead?			World's Biggest Mako (N)		Attack of the Samura (N)		World's Biggest	
NICK	Friends	Friends	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	
OXY	Snapped: Killer Couples		Snapped: Killer Couples		Snapped: Killer Couples		Snapped: Killer Couples		Snapped: Killer Couples		
PARMT	(6:00) ***** Goodfellas (90) Ray Liotta, Joe Pesci, Robert De Niro.				***** The Godfather (72) Al Pacino, James Caan, Marlon Brando.						
SYFY	(6:00) ***** Twister (96) Helen Hunt.			***** Jonah Hex (10) John Malkovich, Megan Fox, Josh Brolin.		***** Seven (95) Brad Pitt.					
TBS	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	The Office	The Office	
TCM	(6:00) * Running on Empty		* New Orleans (47) Dorothy		Patrick, Arturo de Cordova.		* 90 Day: The Last Resort (57) Elvis Presley.		Movie		
TLC	90 Day: The Last Resort		90 Day: The Last Resort (N)		Little Snakes (N)		90 Day: The Last Resort (N)		90 Day Diaries		
TNT	(5:30) ***** Speed (94) (P)		* Road House (24) Daniela Melchior, Billy Magnussen, Jake Gyllenhaal.			***** Speed (94) Keanu Reeves.					
TOON	Burgers	Burgers	Burgers	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Rick Morty	Rick Morty	
TRAV	(6:00) Mysteries- Unk.		Mysteries "Bayou Bigfoot, Mad Hatter, and Safety Glass"				Mysteries of the Unknown				
TRU	***** Rudy (93) Ned Beatty, Charles S. Dutton, Sean Astin.				***** Rudy (93) Ned Beatty, Charles S. Dutton, Sean Astin.						
TVL	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	
USA	Law-SVU "Deadly Ambition"		Law-SVU "Funny Valentine"		Law-SVU "Undercover Blue"		Basketball Seattle Storm at Los Angeles Sparks (N) (Live)				
WH1	Movie		***** The Photograph (20) LaKeith Stanfield, Chanté Adams, Issa Rae.				***** Drumline (02) Zoe Saldana, Nick Cannon.				
WE	Criminal Minds "About Face"		Criminal Minds "Identity"		Criminal Minds "Lucky"		Criminal Minds "Penelope"		Criminal Minds "True Night"		
DISN	(5:00) Big City Greens "April Fool; Good Grief" Cricket tries to come up with the perfect prank.								Ladybug	Ladybug	
FLXX	(5:45) * Star Trek: Motion Pict...		***** Total Recall (90) Arnold Schwarzenegger.				***** Terminator 2: Judgment Day (91)				
HBO	(6:05) ***** Mortal Kombat		House of the Dragon		Life	(:35) ***** Spider-Man: Across the Spider-Verse (23) Shameik Moore.					
HBO2	Movie	(:40) Bang My Box: The Robin Byrd Story			To Be Announced			(:15) * How to Make a Killing			
HBO3	(6:50) ***** Insidious: The Red Door (23)			(:40) ***** A Most Violent Year (14) Oscar Isaac.			(:45) House of the Dragon		Movie		
MAX	(:55) ***** Final Destination Devon Sawa.			(:35) ***** Final Destination 2 (03) Ali Larter.			(:05) ***** Final Destination 3 (06)		Movie		
PARSHO	(6:25) ***** Gladiator Joaquin Phoenix, Russell Crowe.		The Chi			***** The Commuter (18) Liam Neeson.				Movie	
SHOW2	(:05) ***** Django Unchained (12) Christoph Waltz, Leonardo DiCaprio, Jamie Foxx.					The Chi		***** The Mechanic (11)			
STARZ	Movie	***** Mo' Money (92) Damon Wayans.			Power III "Pawns & Rooks"		(:55) Listeners	(:40) Power Book III	Movie		
STZENC	(6:45) ***** The Housemaid (25) Sydney Sweeney.				***** The Sum of All Fears (02) Ben Affleck.			(:05) * Terminator Genisys			